



CELEBRATE RECOVERY[®]

THE LANDING

Issue Pamphlet

CelebrateRecovery.com

Exploring The Landing

The Landing is Celebrate Recovery's student ministry geared towards Jr. High and High School students. The lessons and content we walk through in the Landing are designed to mirror the same life-changing material as the adult Celebrate Recovery program – the difference is the Landing is packaged for students. The Landing exists to provide a safe place for our students to process life and the struggles that accompany it, provide tools to help them live emotionally and spiritually healthy lives, and point them towards the freedom found in Jesus Christ. Through this journey we come to realize that our struggles matter, we do not have to face them alone, and our True Higher Power, Jesus Christ, offers us a better way forward that leads to lasting healing, hope, and freedom.

A typical night in the Landing will consist of:

Connect Time

This time serves to create connection between our students and leaders and builds friendships and connection. This normally involves some sort of game or activity.

Worship

Oftentimes our lives are filled with distractions and obligations that keep us from slowing down and focusing on what God is doing. A time of worship gives us all an opportunity to connect with and rest in God.

Teaching Time

Our Landing leaders will present biblical truths and recovery principles to us in a way that we can engage with, participate in, and apply to our lives.

Small Group

The Landing uses the same five Small Group Guidelines that adult CR uses in Open Share groups and walks through a series of questions that pertain to that night's teaching time. Small Group gives the students a time to process and personalize the recovery principles they are learning.

Fellowship Time

This time serves as a place for students and leaders to connect, build relationships, and continue processing the lesson after the service.

Small Group Guidelines

No matter who we are, we all have struggles and pain that can keep us from living the abundant life that Jesus promised us. Thankfully, true healing can come when we connect ourselves to the hope of Jesus and a safe community of people who are willing to love us and walk with us. Our small groups play a huge part in fostering that connection. Every week, in the Landing, we will have a time for small group sharing separated by gender. This time is essential to allow us to process through our struggles and hurts, and gives us a chance to connect what we're going through to the truths we learn here. These groups are an incredible place to find connection, hope, healing, and encouragement, but that can only happen if they are truly safe. In order to ensure these groups are productive and safe, we use these same five Small Group Guidelines each and every week:

1. Keep your sharing focused on your own thoughts and feelings, using "I" and "me" statements. Limit your sharing to three to five minutes.
2. There is no cross-talk. Cross-talk is when two individuals engage in conversations excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not "fix" one another. This keeps us focused on our own issues.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to harm themselves or others, or any case of abuse.
5. Offensive language has no place in a Christ-centered recovery group.

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